

5/4/2025

## MESSAGE NOTES

Daniel 10:2-3

### I. Three types of fast in the scriptures

- A. *Esther 4:16*
- B. *Exodus 34:28*
- C. *Daniel 10:2-3*

### II. Reasons for fasting

- A. *Joel 1:14, 2:12*
- B. *Luke 5:33, 35*
- C. *Esther 4:16*
- D. *Acts 13:3, 14:23*

### III. Fasting is accompanied by

- A. *Ezra 8:23, Daniel 9:3*
- B. *1 Samuel 7:6, Nehemiah 9:11-2*
- C. *Joel 2:12*
- D. *Matthew 6:16-18*

### IV. My goals

- A.
- B.
- C.

### V. In your daily life

- A.
- B.
- C.